

Crystal Sokolov, MSN, RN, PHN

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Objective

Thoughtful and organized nurse seeking pediatric clinical nursing position. Bringing focus, evidence-based practice, and compassionate care to patients, their families, and the health care team.

License and Certifications

- California RN License, CA BRN, #95168808
- Public Health Nurse Certification (PHN), CA BRN, #558131
- Pediatric Advanced Life Support (PALS), AHA, current through April 2021
- Basic Life Support (BLS) for Healthcare Professionals, AHA, current through August 2020
- Certified Nurse Assistant (CNA), American Red Cross, CDPH, expired December 2016

Education

AUGUST 2016 – MAY 2019

San Francisco State University, San Francisco – BSN, MSN

Bachelor of Science in Nursing, Entry-Level Master of Science in Nursing Program, 4.0

Thesis: Calming the Storm: Improving Preventive Care for Children with Autism Spectrum Disorder

Activities and Societies:

National Student Nurse Association (NSA), MSN Level Representative, Student Mentor

Honor Society of Nursing, Sigma Theta Tau International, Nu Psi Chapter, Member

Recipient of Sigma Theta Tau, Nu Psi Chapter Scholarship

AUGUST 2013 – MAY 2015

College of Marin, Greenbrae, CA

Nursing Prerequisites, 4.0

AUGUST 2002 – MAY 2005

St. Vladimir's Theological Seminary, Yonkers, NY – Master of Arts

Theological Studies, Cum Laude

AUGUST 1998 – MAY 2002

St. John's College, Santa Fe, NM – Bachelor of Arts

Liberal Arts, Philosophy and Mathematics

Professional Experience

AUG 2019 – PRESENT

San Francisco Unified School District, San Francisco, CA – School District Nurse

Dr. Martin Luther King, Jr. Academic Middle School – 480 students, 50+ staff

- Full-time district nurse in southeast San Francisco middle school where 76.3% of students come from economically disadvantaged homes.
- Provide student, staff, and school-wide support.

- Treat up to 40 kids per day in health office for a variety of ailments, including complex first aid, blood, broken bones, fevers, vomiting, illnesses, rashes, lice, and social emotional.
- Manage and administer medications and prescribed therapies for students.
- Manage student immunization requirements and connect families with resources.
- Maintain student health records, paper and electronic.
- Coordinate student and staff wellness events (e.g., flu shots for staff, Tdap for students).
- Participate in student support meetings, including IEPs, 504s, and SSTs.
- Manage medical and school emergency supplies; participate in crisis planning.
- Collaborate with social workers and counselors to maintain a wellness-driven environment.
- Serve as preceptor for SFSU nursing student.

FALL SEMESTERS 2017 & 2018

San Francisco State University, San Francisco, CA - *Teaching Assistant*
N794 *Research and Evidence-Based Practice in Nursing*

- Teaching assistant to Dr. Pamela Baj, RN, PhD, FAAN.
- Provided guidance to graduate students for assigned research papers and APA format.
- Graded and critiqued all written work, consulted with professor during evaluations.

JANUARY 2016 - JUNE 2016

San Francisco Day School, San Francisco, CA - *Interim Primary School Librarian*

- Supported elementary and middle school students' learning and literacy development.

Professional Skills

- Experience using EPIC, Apex, WISH, and Synergy electronic health record platforms.
- Proficient in Microsoft Word, PowerPoint, Excel, Google Suite.
- Prior CNA training and familiarity with nurse assistant patient care.
- Experience with Trauma-Informed Care practices.
- Strong teamwork, time management, and organizational skills.
- Great love for and experience with children of all ages.
- Lifelong learner who thrives in dynamic settings.

RN Clinical Rotations

SEPTEMBER 2018 – APRIL 2019 (500 hours)

Master's CNS Practicum - CPMC California St/Van Ness Campuses, Pediatrics/PICU

- Revised and communicated hospital policies to pediatric med-surg and PICU nurses.
- Created education materials, instructed and checked-off nurses during new product and policy rollouts (i.e., Central Line Dressing Kits).
- Worked alongside pediatric CNS providing leadership and orientation during hospital transition from California St. to new Van Ness campus.

SPRING 2018 (136 hours)

Senior Preceptorship - UCSF Benioff Children's Hospital, Oakland, Rehab/Med-Surg

- Provided quality, patient-centered care for up to four assigned rehabilitation and medical surgical patients under supervision of preceptor nurse.
- Performed patient assessments and administered medications.
- Communicated and provided education to patients and families (e.g., use of feeding pumps).
- Documented data, interventions, medications, and care plans in EHR (EPIC).

SPRING 2018 (136 hours)

Community Health - SFUSD, School Nurse Intern, AP Giannini Middle School

FALL 2017 (136 hours)

Pediatric Nursing - UCSF Benioff Children's Hospital, Oakland, Rehab/Med-Surg

FALL 2017 (136 hours)

Adult Medical-Surgical - UCSF Medical Center, San Francisco, Transplant/Med-Surg/Ortho

SPRING 2017 (136 hours)

Maternity/Labor and Delivery - Highland Hospital, Oakland, L&D/Postpartum/NICU

SPRING 2017 (136 hours)

Psychiatric Nursing - Progress Foundation, San Francisco, Clay House/Dore Clinic

FALL 2016 (136 hours)

Foundations in Nursing - Laguna Honda Hospital and Rehabilitation Center, SNF

Volunteer Experience

JULY 7-10, 2019

St. Eugene's Summer Camp, Oakhurst, CA - Camp Nurse

- Evaluated and treated camper injuries and illnesses while also supporting staff.
- Administered approved camper prescription medications.
- Supervised and maintained logs in first aid cabin.

SEPT 2018 - PRESENT

SF United Soccer Club, San Francisco, CA - 2006 Boys Team Manager

- Managing team communication and roster.
- Attend games and lend support to middle school players, their families, and club.

JAN 2010 - PRESENT

Holy Trinity Cathedral, San Francisco, CA - Volunteer

- Volunteer church school teacher for elementary and middle school ages.
- Volunteer charity coordinator, organizing annual "Adopt-a-Family" fundraiser and other events.

FALL 2015 - SPRING 2016 (75 hours)

Marin General Hospital, Greenbrae, CA - Volunteer, Adult ICU/Step-down Care Units

- Assisted floor nurses and doctors with clerical and direct patient support tasks.
- Assisted with annual Flu Shot Clinic.

SUMMER SEMESTER 2011

Prison University Project, San Quentin, CA - Co-teacher Geometry

- Designed higher education curriculum for students incarcerated at San Quentin Prison.
- Stimulated public awareness and meaningful dialogue about higher education and criminal justice in California.